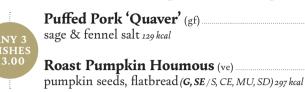


Chef's Message

Head Chef Quentan and the kitchen team are passionate about what they do. They take pride in sourcing the finest local ingredients while also seeking out the best seasonal produce from further afield. Every dish is cooked fresh to order, so if you're short on time, just let us know.

Grazing & Sharing

Pitted Spanish Olives (ve, gf) 3.95 sunblushed tomatoes (SD) 114 kcal	
Olive & Oregano Focaccia (v)	





Starters

Soup of the Day bread, butter ask for allergens & calories	5.50
Roast Chicken & Leek Terrine (gfo) winter chutney, pickles, toast (G/F, P, N, S, D, CE, MU, SE, SD) 220 kcal	7-95
Classic Prawn & Avocado Cocktail brown bread, butter (G, C, S, D, MU/SE) 590 kcal	3.50

roasted fig, pickled walnuts (N, G) 102 kcal	6.9
Black Pudding Scotch Egg apple & celeriac rémoulade (G, S, E, D, MU, SD, CE/SE, F, MO, C) 435 kcal	8.50

Main Courses

Fish & Chips (gf) 13. beer-battered North Sea haddock, chunky chips, mushy peas (SD, F, E, MU/CE) 694 kcal/981 kcal	95/17.50
Braised Rich Beef Shin & Mushroom Ragu Pappardelle crispy sage, Parmesan (G, E, D, SD/S, CE, MU) 566 kcal add garlic bread (G, D/SE) 254 kcal 3.50	14.95
Cumberland Pin Wheel Sausage bubble & squeak, cider onion gravy, crispy onion petals (G,D,SD/CE,MU) 1097 kcal	13.95
Pie of the Day seasonal vegetables, creamy mash or chunky chips, gravy ask for allergens & calorie	17.95
Coachman's Chicken (gf)streaky bacon, smoked cheddar cheese, BBQ sauce, skinny fries, simple salad (D, MU, SD) 1372 keal	16.95
Bavette Steak Frites (gf) skinny fries, green peppercorn sauce (D, CE, SD/MU) ₇₉₄ kcal	19.95
Moules Marinière (gf)	18.95

Monterey Jack che	lead 6oz Burger ese, crispy bacon, burger sauce, crispy onions, inny fries(G,S,E,D,MU)880 kcal	16.95
Vegan Applewood	an Burger (ve)	14.95
Lamb's Liver Bo mashed potato, but	ttered seasonal greens (D, CE) 940 kcal	14.95
The Saracens H roquette salad, rose	lead Vegan Lasagna (ve)emary focaccia (G, S, CE, MU, SD/P, E, SE, N) 1032 kcal	16.95
	gine Schnitzel (v)d red onions, coriander basmati rice(G, E, D, SD /C, I	
baby gem lettuce, s	Salad (gfo) Soft boiled egg, Parmesan, rosemary croutons SD) 1151 keal add bacon 256 keal 2.00	13.95
	la Cheese Salad (v) iio, pickled walnuts, lemon dressing	12.95

Sides

Chunky Chips (ve, gf) herb salt (SD/CE) 186 kcal 4.25
Skinny Fries (ve, gf) herb salt(SD)293 kcal4.25
Buttered Seasonal Greens (v, gf)



Battered Onion Petals (ve, gf) garlic mayonnaise 368 kcal	4.95
Simple Salad (v, gf) olives, radicchio, gem lettuce, cherry tomatoes, red onion (<i>D/CE,SD</i>) 55 kcal	4.50

Invisible Chips 0% FAT, 100% HOSPITALITY

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Desserts

Sticky Toffee Pudding (ve, gf) vegan ice cream or clotted cream ice cream (S/D) ₇₀₂ kcal	6.50
Chef's Crumble (v, gf)	6.50
Chocolate Fondant (v) glazed black cherries, sour cherry sorbet (G, S, E, D, SD) 793 kcal	9.95

Croissant, Pear & Dark Chocolate Bread & Butter Pudding (v)	6.95
(G, N, S, E, D, SE, SD / MU, F) 1146 kcal	
Orange & Cardamom	
Panna Cotta (ve, gf)	7.59
gingernut crumb (S, SD) 609 kcal	

3.95
10.25

If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.



Great Dunmow



Children Eat Free on Sundays

Get one free children's three-course meal from our Children's Menu when you purchase a full-priced adult main course.

Drinks not included. Dishes and offer subject to availability. Offer only available for children aged 12 and under.



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Afternoon Tea

Join us every day between 2pm and 5pm for our sumptuous Afternoon Tea. Enjoy a selection of finger sandwiches and sweet treats with unlimited tea or coffee.

Why not add a glass of fizz and make it extra special?

Afternoon Teas must be pre-booked.

www.saracenshead-hotel.co.uk





