



Chef’s Message

Head Chef Quantan and the kitchen team are passionate about what they do. They take pride in sourcing the finest local ingredients while also seeking out the best seasonal produce from further afield. Every dish is cooked fresh to order, so if you’re short on time, just let us know.

Brunch

Served Monday – Saturday until 2pm • Sunday until 11.45am

Full English Breakfast 13.50

sausage, bacon, mushroom, hash brown, eggs, black pudding, baked beans, slow-roasted tomato
(G, E, D, SD) 817 kcal

Vegan Breakfast (ve, gfo) 11.95

vegan sausage, spinach, tomato, hash brown, vegan black pudding, baked beans, mushroom (G, S, CE) 361 kcal

Eggs Benedict 10.95

toasted muffin, ham, poached eggs, hollandaise
(G, E, D / S, MU, CE) 668 kcal

Smoked Salmon Croissant with Scrambled Eggs 13.50

(G, F, S, E, D, SE, SD, N / MU) 700 kcal

French Brioche Toast (v) 10.95

caramelised plums, yoghurt (G, E, D / L, S, CE) 522 kcal
add bacon 256 kcal 2.00

Classic Coachman’s Three-Egg Omelette (v) 6.95

watercress (E, D) 532 kcal

Avocado on Toasted Sourdough (v) 10.95

roasted vine tomatoes, poached eggs
(G, E, SE / N, CE, MU, SD) 483 kcal

Bacon & Sausage Sandwich 7.95

(G, D, SD / E) 680 kcal
add an egg (E) 60 kcal with our compliments

Grazing & Sharing

Pitted Spanish Olives (ve, gfi) 3.95

sunblushed tomatoes (SD) 114 kcal

Olive & Oregano Focaccia (v) 6.50

oil & balsamic (G, SD / S, E, D) 236 kcal

Puffed Pork ‘Quaver’ (gfi) 3.95

sage & fennel salt 129 kcal

Roast Pumpkin Houmous (ve) 4.95

pumpkin seeds, flatbread (G, SE / S, CE, MU, SD) 297 kcal

Crispy Whitebait 5.95

tartare sauce (G, F, E, MU) 331 kcal

Honey & Mustard Pigs in Blankets 5.95

(G, D, MU, SD) 401 kcal

Starters

Soup of the Day 6.50

bread, butter ask for allergens & calories

Roast Chicken & Leek Terrine (gfo) 7.95

winter chutney, pickles, toast (G / F, P, N, S, D, CE, MU, SE, SD) 220 kcal

Classic Prawn & Avocado Cocktail 8.50

brown bread, butter (G, C, S, D, MU / SE) 590 kcal

Whipped Feta Cheese with Warm Beetroot (ve) 6.95

roasted fig, pickled walnuts (N, G) 102 kcal

Black Pudding Scotch Egg 8.50

apple & celeriac rémoulade
(G, S, E, D, MU, SD, CE / SE, F, MO, C) 435 kcal

Classic Sandwiches

white or wholemeal bloomer, dressed leaves (gfo)

Cheese & Red Onion Marmalade (v, gfo) 7.95

(G, D, MU / L, E, CE) 782 kcal

BLT (gfo) dressed salad (G, E, MU, SD, D) 7.95

928 kcal

Wiltshire Cured Ham, Tomato & Dijon Mustard (gfo) 7.95

(G, D, MU, SD / L, CE) 618 kcal

Egg Mayonnaise & Cress (v, gfo) (G, E, D, MU / CE) 7.95

569 kcal

Artisan Sandwiches

dressed green salad, crisps

Battered Fish Finger Bap (gfo) 10.95

gem lettuce, tartare sauce (G, F, MU, E / L, S, D, CE) 1176 kcal

Flat Iron Steak Folded Naan 11.95

caramelised onions (G, E, D, MU / L, CE) 959 kcal

Squash, Spinach, Pumpkin Seed & Houmous Folded Naan (v, veo) (G, N, D, SE / L, CE, P) 10.95

565 kcal

Chicken & Bacon Club Sandwich 10.95

dressed salad (G, E, MU / L, D, CE) 1014 kcal

Sunday Roasts

Roast Topside of Beef (gfo) 17.95

seasonal vegetables, roast potatoes, Yorkshire pudding, gravy, horseradish sauce (G, E, D, CE / S, MU) 956 kcal

Roast Belly of Pork (gfo) 16.95

roast potatoes, seasonal vegetables, apple sauce, Yorkshire pudding, gravy (G, E, D, SD / S, CE, MU) 584 kcal

Roast Chicken Supreme (gfo) 15.95

pig in blanket, seasonal vegetables, roast potatoes, Yorkshire pudding, gravy (G, E, D, S, SD / MU, CE) 935 kcal

Symlicity Mince Pithivier (ve) 15.95

seasonal vegetables, roast potatoes, vegan gravy
(G, S, CE, MU, SD) 928 kcal

Main Courses

Fish & Chips (gfi) 13.95/17.50

beer-battered North Sea haddock, chunky chips, mushy peas
(SD, F, E, MU / CE) 694 kcal / 981 kcal

Cumberland Pin Wheel Sausage 13.95

bubble & squeak, cider onion gravy, crispy onion petals
(G, D, SD / CE, MU) 1097 kcal

Pie of the Day 17.95

seasonal vegetables, creamy mash or chunky chips, gravy
ask for allergens & calories

Bavette Steak Frites (gfi) 19.95

skinny fries, green peppercorn sauce (D, CE, SD / MU) 794 kcal

Moules Marinière (gfi) 18.95

skinny fries (MO, D, SD / MU) 1372 kcal

The Saracens Head 6oz Burger 16.95

Monterey Jack cheese, crispy bacon, burger sauce, crispy onions, lettuce, tomato, skinny fries (G, S, E, D, MU) 880 kcal

Symlicity Vegan Burger (ve) 14.95

Vegan Applewood cheese, toasted brioche bun, lollo bionde lettuce, tomato, pickled red onion, relish, skinny fries (G, S, MU, SD / D) 560 kcal

The Saracens Head Vegan Lasagna (ve) 16.95

roquette salad, rosemary focaccia (G, S, CE, MU, SD / P, E, SE, N) 1032 kcal

Chicken Caesar Salad (gfo) 13.95

baby gem lettuce, soft boiled egg, Parmesan, rosemary croutons
(G, F, E, D, SE / N, MU, SD) 1151 kcal add bacon 256 kcal 2.00

Poached & Fresh Pear with Gorgonzola Cheese Salad (v) 12.95

watercress, radicchio, pickled walnuts, lemon dressing (G, N, D / CE, MU) 227 kcal

Sides

Cauliflower Cheese (v) (G, D / S, MU) 430 kcal 5.95

Pigs in Blankets (G, D, MU, SD) 451 kcal 5.95

Buttered Seasonal Greens (v, gfi) (D) 136 kcal 4.25

Battered Onion Petals (ve, gfi) 4.95

garlic mayonnaise 368 kcal

Chunky Chips (ve, gfi) herb salt (SD / CE) 186 kcal 4.25

Skinny Fries (ve, gfi) herb salt (SD) 293 kcal 4.25

Simple Salad (v, gfi) 4.50

olives, radicchio, gem lettuce, cherry tomatoes, red onion (D / CE, SD) 55 kcal

Invisible Chips 2.00

0% FAT, 100% HOSPITALITY

All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Thanks for chipping in! Scan this code for more information or visit hospitalityaction.org.uk

Hospitality
Action



If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

v (vo): Vegetarian (on request) ve (veo): Vegan (on request) gfi (gfo): Gluten-Free (on request)
Allergens (Contains / May Contain): C: Crustaceans • CE: Celery • D: Dairy • E: Eggs • F: Fish • P: Peanuts • G: Gluten • L: Lupin • N: Nuts • MO: Molluscs • MU: Mustard • S: Soya • SD: Sulphur dioxide • SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



Saracens Head Hotel

Great Dunmow



Children Eat Free on Sundays

Get one free children's three-course meal from our Children's Menu when you purchase a full-priced adult main course.

Drinks not included. Dishes and offer subject to availability. Offer only available for children aged 12 and under.



Be Inn the Know

Get all the latest news and offers for The Saracens Head Hotel delivered to your inbox! Simply scan the code and add your details to sign up.

Afternoon Tea

Join us every day between 2pm and 5pm for our sumptuous Afternoon Tea. Enjoy a selection of finger sandwiches and sweet treats with unlimited tea or coffee.

Why not add a glass of fizz and make it extra special?

Afternoon Teas must be pre-booked.

www.saracenshead-hotel.co.uk



Part of The Coaching Inn Group